

# FULL DAYS AND HALF-DAY TRIPS

## MTB

### ROUTES DEPARTURE LOCATION AND TIME LUCCA - 9,30am

1) Monte Serra, variety of routes on various slopes, depending on Mtb rider's levels of fitness and technical preparation

Duration: Half-Day or Full Day

Rating: Medium/Difficult

2) Altopiano delle Pizzorne, Brancoli slope

Duration: Half-Day or Full Day

Rating: Medium/Difficult

3) Padule di Bientina (WWF Oasis -marshland waterscapes)

Duration: Half-Day or Full Day

Rating: Easy

4) Franciscan Way - along the medieval pilgrim road

Duration: Half-Day

Rating: Easy

5) Padule di Fucecchio, Vinci and Leonardo da Vinci's Home

Duration: Half-Day

Rating: Easy

+ Ticket Train



Cost: 1/2 Day 120 euro with bike tour guide

Cost: Full Day 220 euro with bike tour guide

RENTAL : Mbt (see price list) FREE LUNCH: Along Route

Book by 7 pm previous evening

P.S The various routes and route lengths are planned in accordance with each bike tourist's level of fitness and technical preparation. Give advance notice of pedal type required.



# FULL DAYS AND HALF-DAY TRIPS

## RACE BIKE

### ROUTES DEPARTURE LOCATION AND TIME LUCCA - 9,30am

1) 2013 World Championship route  
Duration: Full Day - Rating: Medium

2) Versilia: Sea and Sunshine  
Duration: Full Day - Rating: Easy

3) Monte Serra and colline pisane  
Duration: Full Day - Rating: Difficult

4) Franciscan Way, Altopascio (town famous for baking tradition) Street of Oil and Wine (roads along side famous olive groves and vineyards), Vinci Leonardo Da Vinci home's), San Baronto (popular climb for cyclist)  
Duration: Full Day - Rating: Medium

5) Lucca hills with panoramic views, Collodi (Pinocchio's Town) Montecarlo oil and wine  
Duration: Half-Day - Rating: Medium

6) Abetone return-trip, the Appenini mountain range, up to 1400m above sea-level  
Duration: Full Day - Rating:

7) Piazzano, Conbitelli, San Martino in Freddana, Fiano, Diecimo, Devil's Bridge, Aquileia, Lucca  
Duration: Half-Day - Rating: Medium

8) Ponte a Moriano, Bagni di Lucca, Trebbio, Collodi, (Pinocchio's Town) Pescia, Lucca  
Duration: Half-Day - Rating: Difficult

9) Altopiano delle Pizzorne, return-trip  
Duration: Half-Day - Rating: Difficult



Cost: 1/2 Day 120 euro with bike tour guide  
Cost: Full Day 220 euro with bike tour guide

RENTAL : Race Bike (see price list) FREE LUNCH: Along Route  
Book by 7 pm previous evening

P.S. The various routes and route lengths are planned in accordance with each bike tourist's level of fitness and technical preparation. Give advance notice of pedal type required.



# DAY TRIP - WEDNESDAY

## SLOW BIKE

### VILLAS OF LUCCA, PINOCCHIO'S GIANT OAK TREE, MONTECARLO

#### ROUTES - DEPARTURE - 9,30am

Lucca, cycle route along the river, Ponte a Moriano, Villas of Lucca (Oliva, Grabau, Reale, Torrigiani) Camigliano, Le 4 mura (Franciscan Way), Pinocchio's Giant Oak Tree, 10 min stop for foto, Montecarlo, 30 min visit of il Cerruglio fortress, street to Luciani  
+ typical tuscan fare

DAY - WEDNESDAY

TIME OF DEPARTURE - 9:30 am

MENÚ - Starter, pasta course, dessert, wine and water

TRIP BACK - train from S.Salvatore to Lucca

RATING: easy roads and shorty easy-off-road section on the Franciscan Way

KM - 22

DURATION - day trip

Bike tour guide, hybrid bike with pannier, helmet, flask and reflective jacket/vest

Book by 7 pm previous evening

